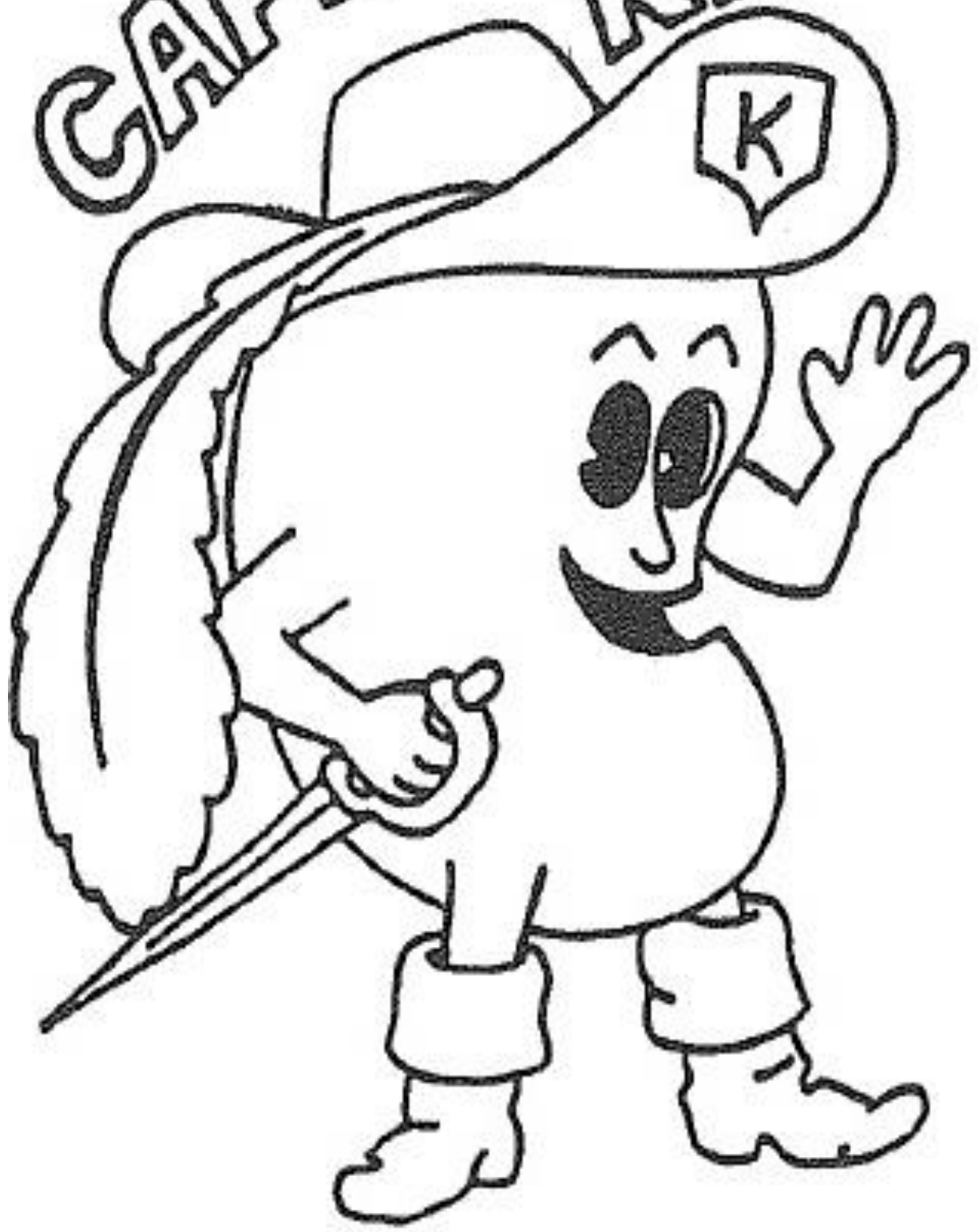


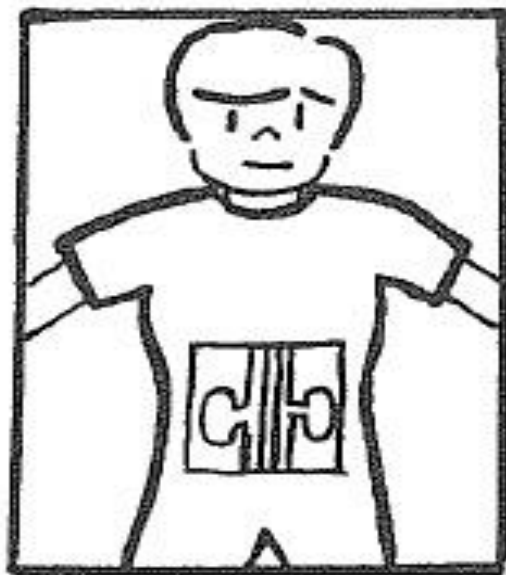
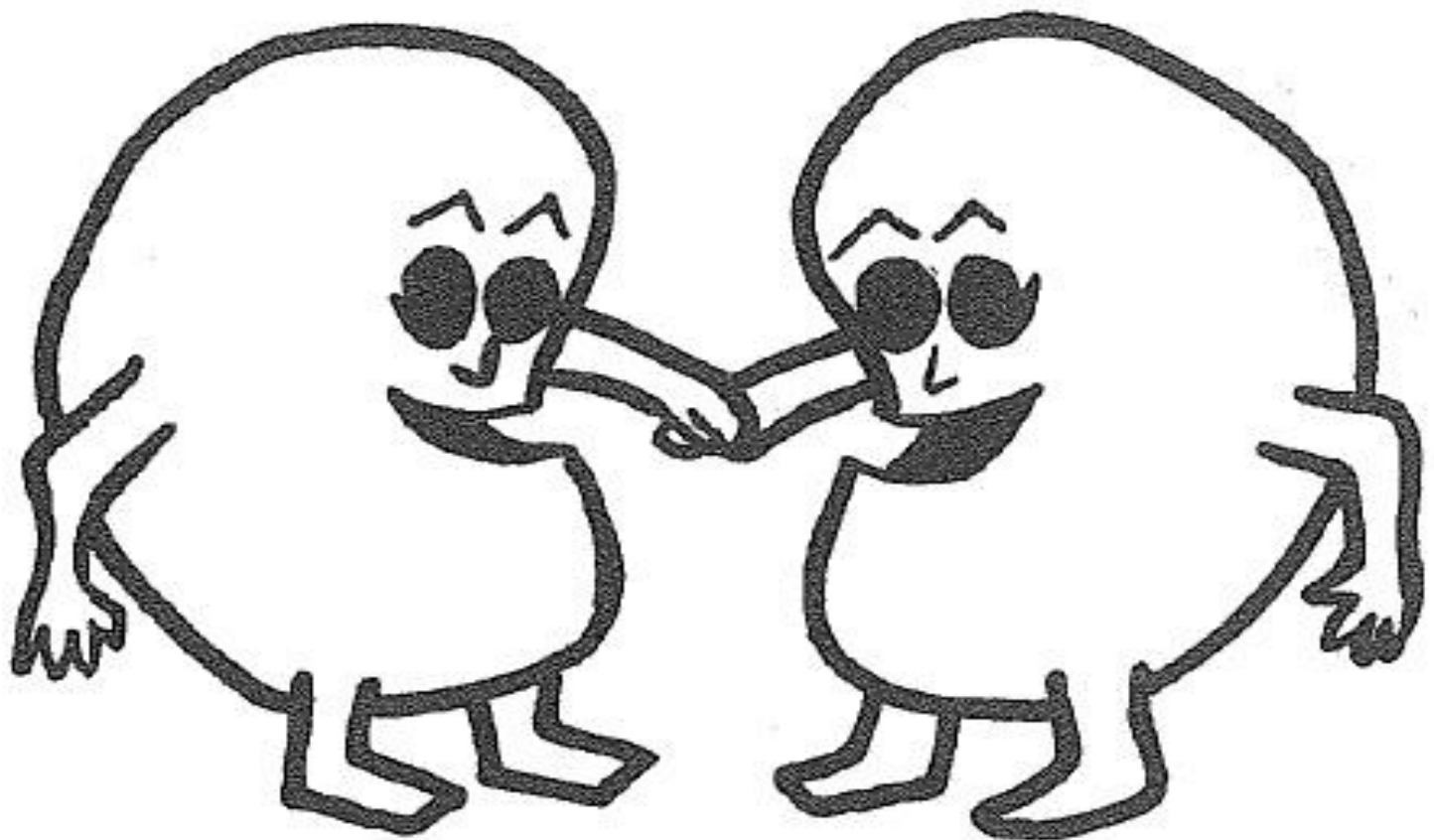
CAPTAIN KIDNEY





Hi! I'm
Captain Kidney -
What's your
Name?

My name is:



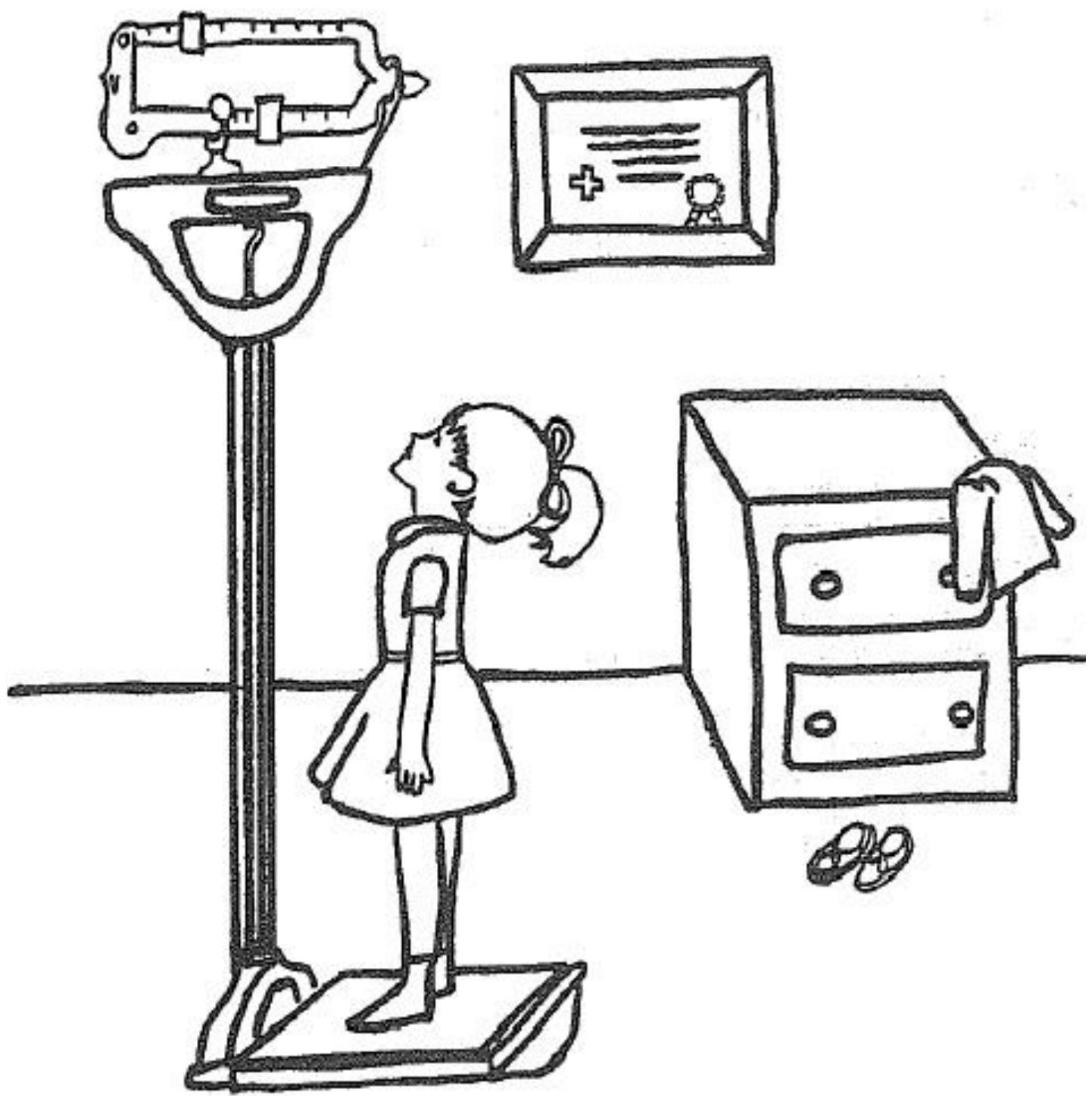
There are two kidneys in your body. We work together to clean your blood.



**Doctor Good helps you
stay healthy.**



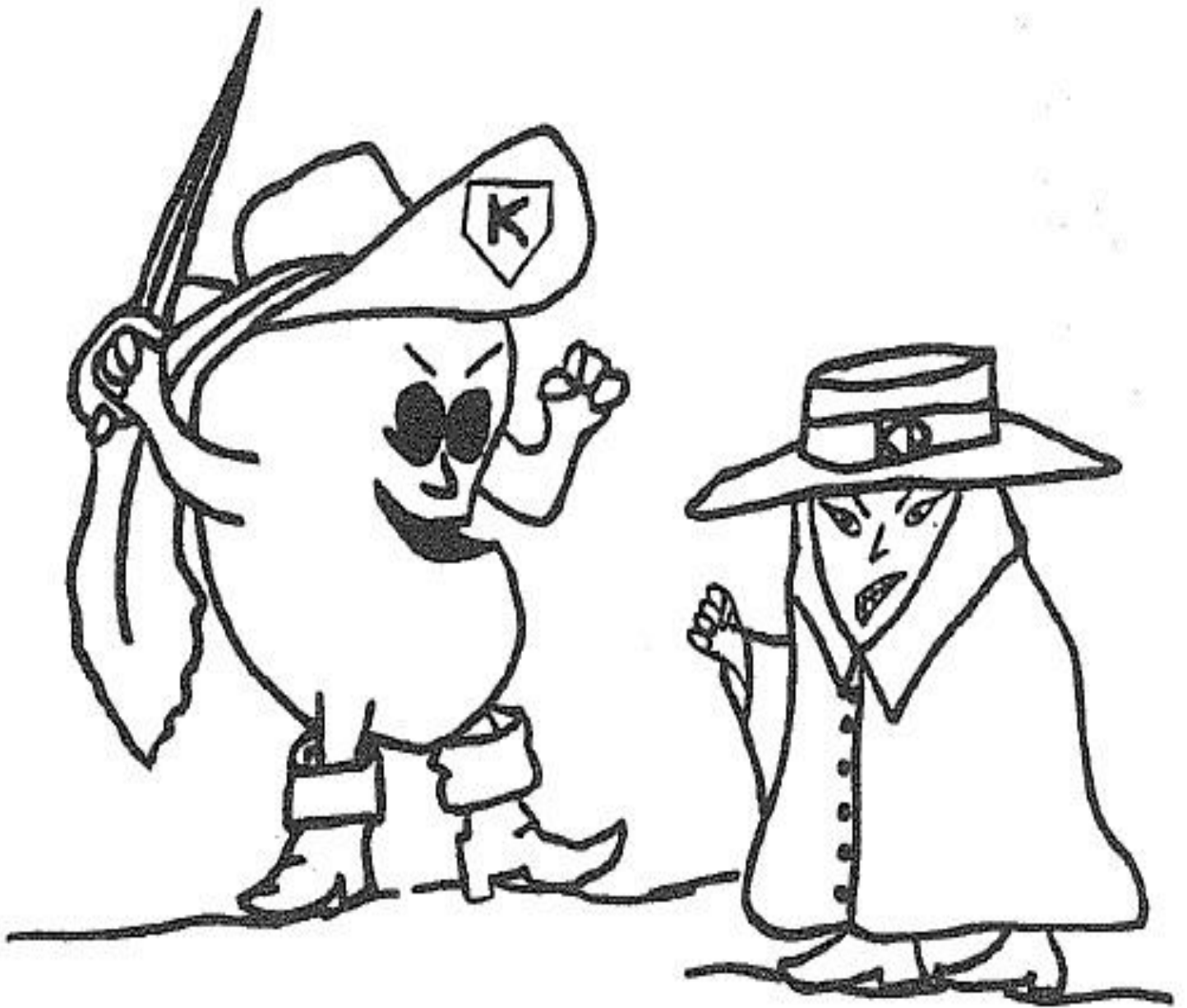
Doctor Good checks your blood pressure. Healthy kidneys like low blood pressure.



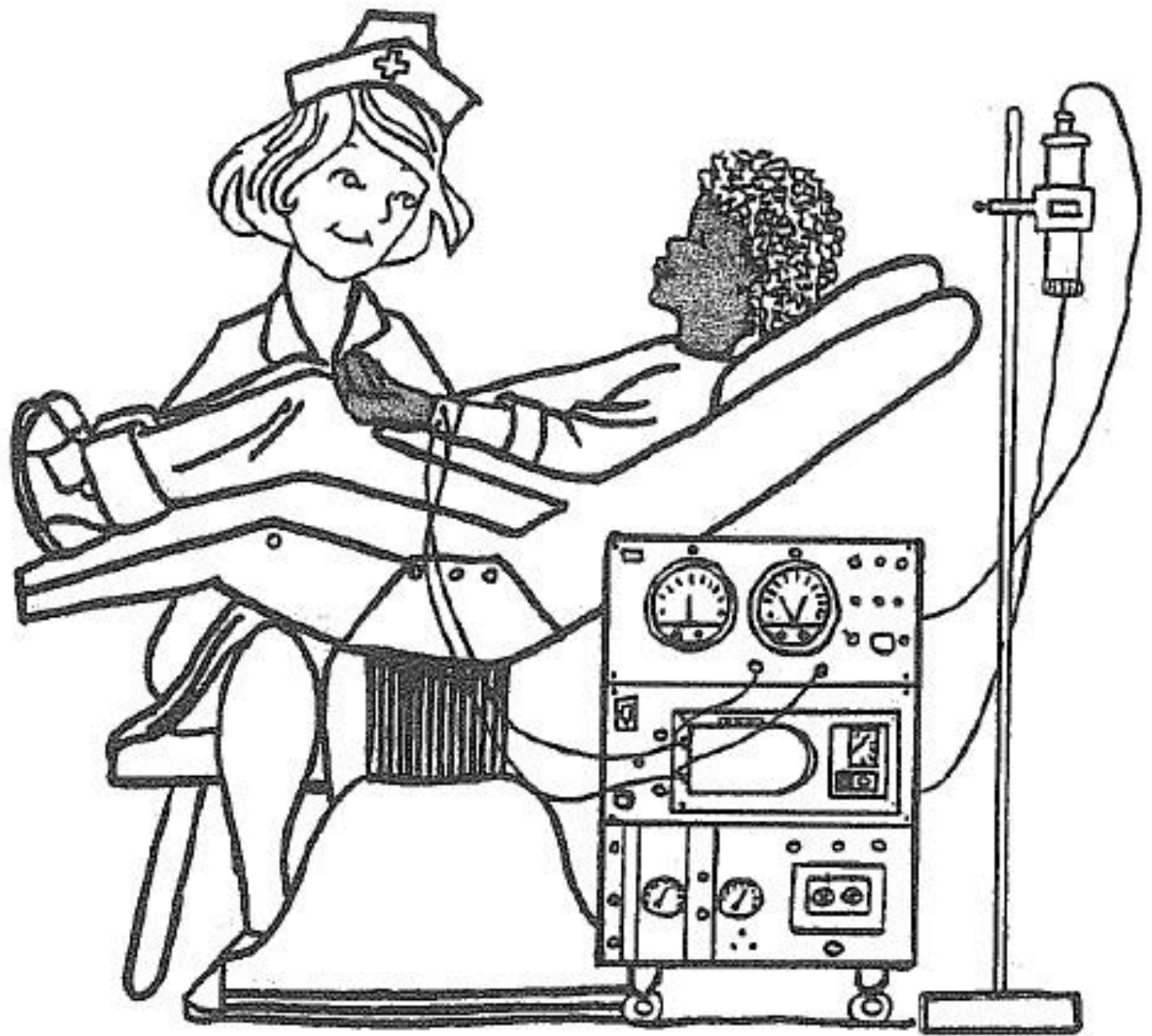
**Sometimes failure to grow
might mean kidney disease.**



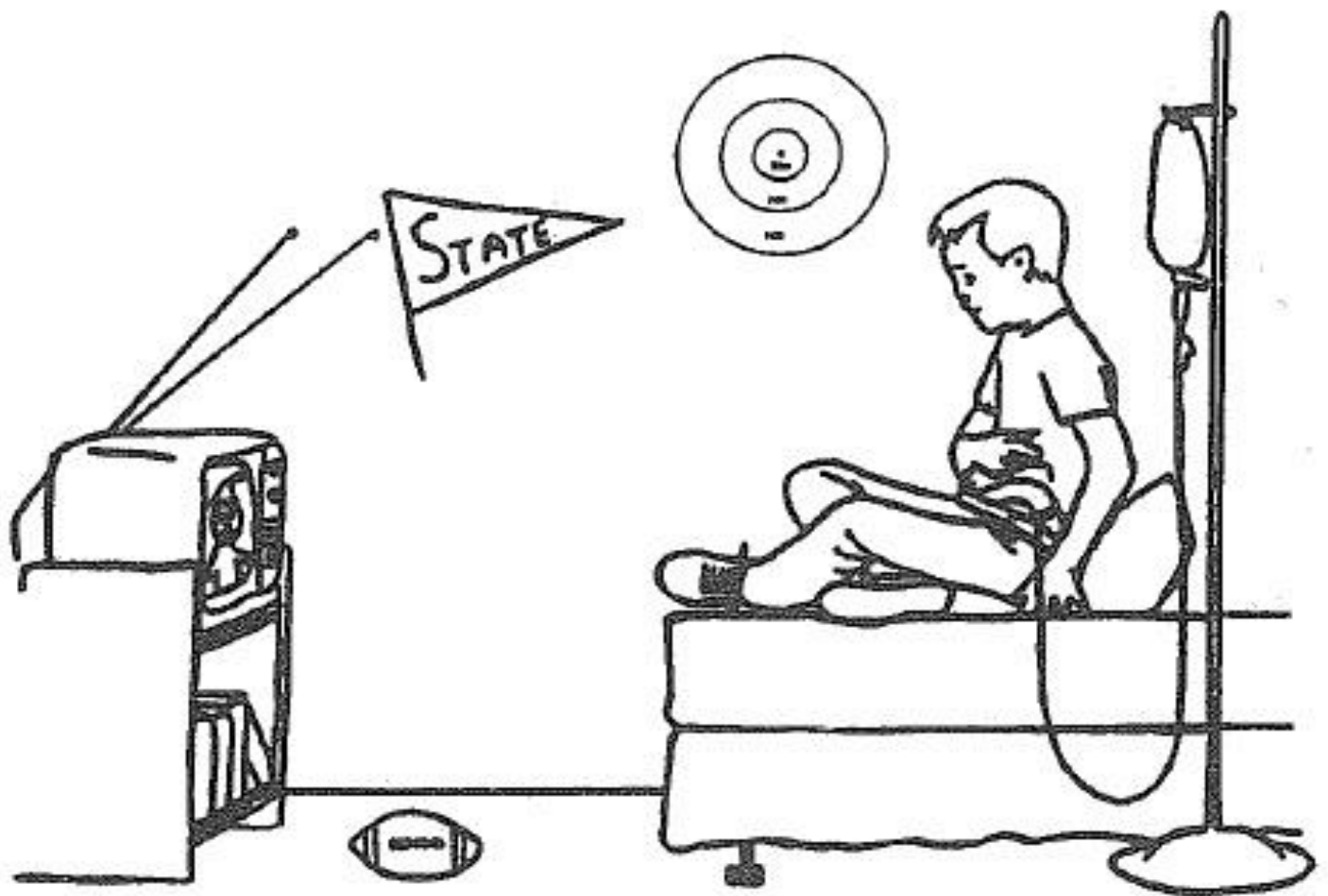
**Kidney disease can sneak
up on you.**



**Captain Kidney fights kidney
disease.**



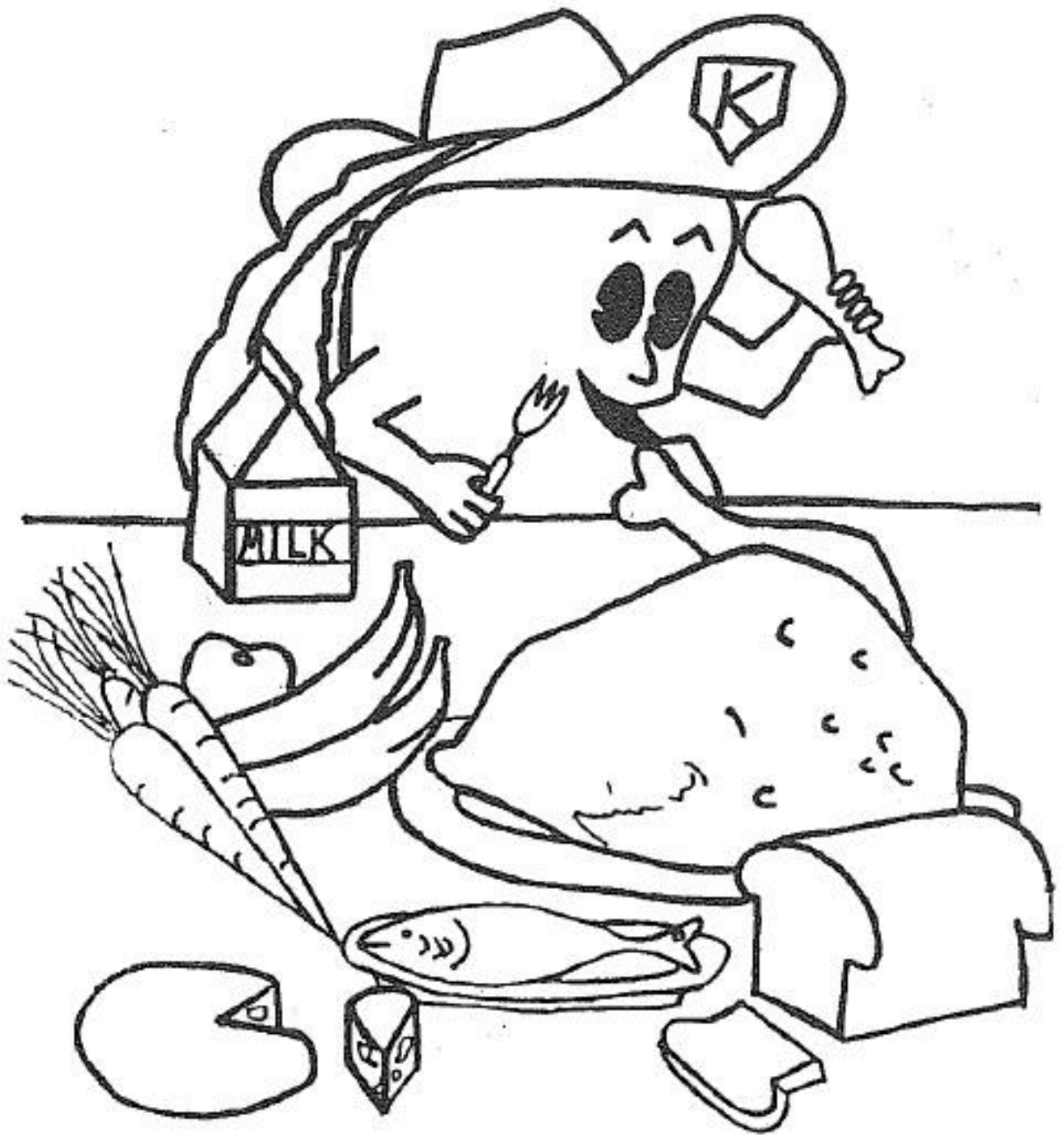
**If your kidneys need help
cleaning your blood,
Hemodialysis is a special way
to make you feel better.**



**CAPD* or CCPD* Dialysis is
another way to help clean
your blood and make you feel
better.**

***CAPD: Continuous Ambulatory Peritoneal Dialysis**

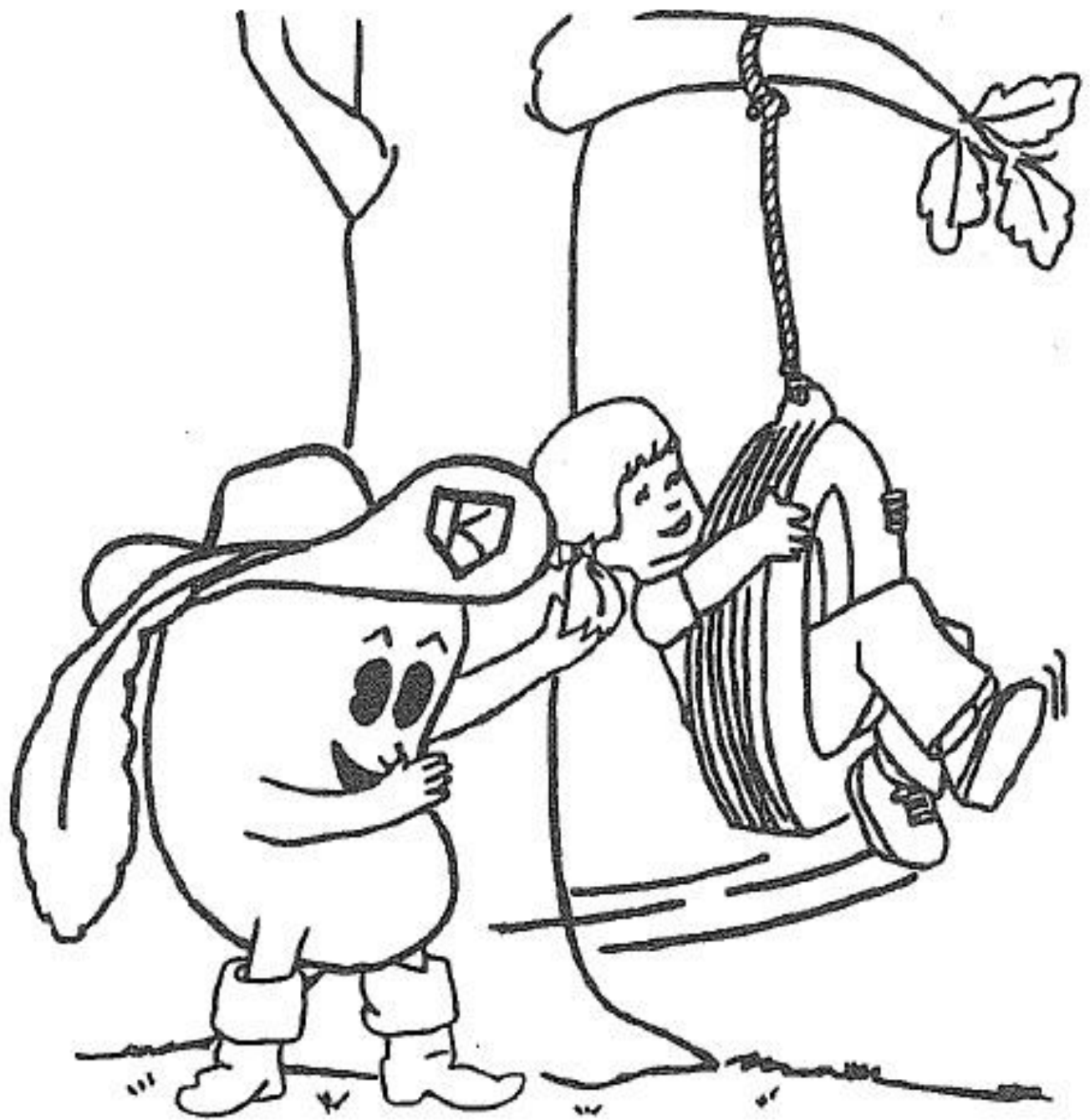
***CCPD: Continuous Cycling Peritoneal Dialysis**



**Eating well helps keep you
healthy.**



If your kidneys fail, you can receive a new kidney. This is called a kidney transplant.



**A healthy kidney is a friend for
life!**

Six Warning Signs of Kidney Disease



Burning or difficulty during urination



Puffiness around eyes, swelling of hands and feet, especially in children



Pain in small of back just below the ribs (not aggravated by movement)



More frequent urination, particularly at night



High Blood Pressure



Passage of bloody-appearing urine